

ઉચ્ચ શિક્ષણ કમિશનરની કચેરી,

બ્લોક નં. ૧૨, /૨, ડૉ. જયરાજ મંડતા ભવન,

ગુ.રા., ગાંધીનગર.

તા. ૧૮/૧૧/૨૦૨૦

પ્રતિ,

- પોગ્રામ કો.ઓર્ડિનેટરશ્રી
એન.એસ.એસ.સંલગ્ન યુનિવર્સિટી
- જિલ્લા શિક્ષણાધિકારીશ્રી, તમામ જિલ્લા.

વિષય:- ફિટ ઈન્ડિયા થીમેટીક અભિયાન(ફિટનેસ કા ડોઝ -આધા ઘંટા રોજ), ફિટ ઈન્ડિયા

એપ્લીકેશન દ્વારા ફિટનેસ એસેસમેન્ટ અંગે.

સંદર્ભ:- ડાયરેક્ટર ઓફ એનએસએસ.અમદાવાદ નો પત્ર ક:P.18/2/2020/NSS/GUJ,
તા.૧૬/૧૧/૨૦૨૦.

ઉપરોક્ત વિષય અને સંદર્ભ અન્વયે જાણાવવાનું કે, ડાયરેક્ટર ઓફ એનએસએસ.,અમદાવાદ નો પત્ર ક:P.18/2/2020/NSS/GUJ, તા.૧૬/૧૧/૨૦૨૦ બિડાણ સહિત આ સાથે મોકલી આપવામાં આવે છે. જેમાં જાણાવ્યા મુજબની ફિટ ઈન્ડિયા થીમેટીક અભિયાન (ફિટનેસ કા ડોઝ -આધા ઘંટા રોજ), ફિટ ઈન્ડિયા એપ્લીકેશન દ્વારા ફિટનેસ એસેસમેન્ટની પ્રવૃત્તિઓ કરવા આપના તાબાની કોલેજો/ શાળાઓને આપની કક્ષાએથી જરૂરી મુયના આપવા જાણાવવામાં આવે છે.

આ કાર્યક્રમના સંદર્ભે આપના તાબાની કોલેજો/ શાળાઓને આ કાર્યક્રમ પૂર્ણ કર્યા બાદ ફોટોગ્રાફ, ન્યુઝ પેપર કટીંગ વગેરે આ કચેરી તથા રિજીઓનલ કચેરી, અમદાવાદને મોકલી આપવાનો રહેશે.

બિડાણ:-ઉપર મુજબ

રાજ્ય એન.એસ.એસ. અધિકારી
ઉચ્ચ શિક્ષણ કમિશનરની કચેરી
ગુ.રા., ગાંધીનગર

મ.નં. 12018

તા. 21/11/2020

ઉપર,

આપનારશ્રી,

મુખ્ય શિક્ષક (જિલ્લા શિક્ષણ તંત્રીના કાર્યાલય નેચર)

જિલ્લા શિક્ષણ તંત્રીના કાર્યાલય વડાશ્રી

જિલ્લા શિક્ષણાધિકારી
ગુ.રા. જિલ્લો મુરવા

F.No.P.18/2/2020/NSS/GUJ/
Government of India
Ministry of Youth Affairs & Sports
Regional Directorate of NSS
2nd floor, Patnagar Yojna Bhavan
Ellisbridge, Ahmedabad-380 006

By E.mail

Dated the 16th November, 2020

To

1. Shri Bipinchandra M. Ninama,
State NSS Officer,
Commissionerate of Higher Education,
Government of Gujarat, Old Sachivalaya,
Block No.12/2, Dr. Jivraj Mehta Bhavan,
Gandhinagar, Gujarat.

2. Dr. R.C. Agarwal,
Programme Coordinator, NSS
(S.N.O. In-charge),
Government College,
Daman - 396 210.

3. Shri Gaurang H. Vora,
State NSS Officer,
Deptt. of Education,
U.T. of Dadra & Nagar Haveli,
Silvassa - 396 230.

Sub: *Fit India Thematic Campaign (Fitness Ka Dose - Aadha Ghanta Roz), Fitness Assessment through Fit India App - Regarding.*

Sir,

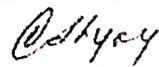
Please find enclosed herewith a copy of letter No.P.32-1/CDN/NSS/DTE/2020 dated 11th November, 2020 of the Directorate of NSS, New Delhi on the subject as cited, which is self-explanatory.

In this context, you are requested to kindly issue necessary instructions to the field functionaries under your jurisdiction to conduct the various activities with full zeal and enthusiasm. A brief report on the activities, conducted by various units is also solicited so that a consolidated report may be sent to Directorate of NSS, New Delhi.

It is, further, requested to instruct the field functionaries to send photographs, news paper clippings etc. so as to enable this office to post the same in social media.

Encl: As above.

Yours faithfully,


(Girdhar Upadhyay)
Regional Director

Copy for information and necessary action to:-

1. All the Programme Coordinators, NSS of Gujarat, Daman & Diu and Dadra & Nagar Haveli.
2. All the District Education Officers of Gujarat.

F.No.P-32-1/CDN/NSS/DTE/2020) 2702 - 2724
Government of India
Ministry of Youth Affairs & Sports
Directorate of NSS
12/11, Jamnagar House, New Delhi - 110011
Date: 11th November, 2020

To

The Regional Directors
All Regional Directorates of NSS

Sub: Fit India Thematic Campaign (Fitness Ka Dose-Aadha Ghanta Roz), Fitness Assessment through Fit India App-Reg.

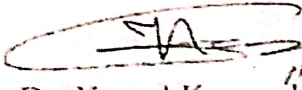
Sir,

I am directed to forward herewith a copy of D.O letter received from Secretary, Department of Sports No. K-15017/8/2020-MDSD (Pl.) dated 2 November, 2020 on the subject mentioned above and to state that the Department of Sports, Ministry of Youth Affairs & Sports has planned a series of activities and campaigns in December-2020 under the aegis of Fit India Movement to promote fitness across the country. The plan includes Fit India Thematic Campaign (Fitness Ka Dose-Aadha Ghanta Roz), Fitness Assessment through Fit India App, Fit India Prabhatferi and Fit India Cyclothon across the country (copy enclosed)

In this regard, you are requested to disseminate the information to the field functionaries to conduct various activities with zeal and enthusiasm. A brief report is to be submitted for onward submission to the Ministry

Simultaneously, you are also requested to post the photographs, news, paper clippings etc. in social media of your office and tag @YASMinistry @PMOIndia @pihyas @FitIndiaOff @NSSIndia.

Yours faithfully,


Dr. Kamal Kumar

(Assistant Programme Adviser)

Encl: As above

Copy for information to:

1. Director, NSS, Ministry of Youth Affairs & Sports, New Delhi-011
2. Under Secretary (NSS)



सचिव
भारत सरकार
खेल विभाग
युवा कार्यक्रम और खेल मंत्रालय
Secretary
Government of India
Ministry of Youth Affairs & Sports
Department of Sports

D.O. No. K-15017/8/2020 - MDSD (Pt.)

2nd November, 2020

Dear Ms Sharma,

(30/11/2020)
23/11/2020
30/11/2020

Department of Sports, Ministry of Youth Affairs and Sports (MYAS) has planned a series of activities and campaigns in December 2020 under the aegis of Fit India Movement to promote fitness across the country.

2. The plan includes Fit India Thematic Campaign- "फिटनेस का डोज़ - आधा घंटा रोज़", Fitness Assessment through Fit India App, Fit India Prabhatpheri and Fit India Cyclothon with an aim to reach all the blocks/ districts by mobilizing volunteers of all the organizations like NYKS, NSS, NCC, Scouts and Guides, etc. across the country. Events/ Activities in which volunteers may be asked to take ownership, participate and organise such activities for others are enclosed herewith as Annexure-1.

3. As Department of Youth Affairs has always provided its incessant support in activating on-ground activities to promote and create awareness or disseminating the message of Fit India Movement, I solicit your support to help reach the masses in the Fit India campaign in December, 2020.

With regards,

Yours Sincerely,

T.S. (11/11/20)

23/11/2020

MS (CON)

शर्मा
युवा कार्य

Anibal
(Ravi Mital)
21/11

Ms. Usha Sharma
Secretary, (Youth Affairs),
Ministry of Youth Affairs and Sports,
Department of Youth Affairs
Room No - 1, C-Wing, Shastri Bhawan,
New Delhi - 110001

forwarded
MS (CON)

कमरा सं. 3, 'सी' विंग, शास्त्री भवन, नई दिल्ली-110001 दूरभाष : 011-23300623
Room No. 3, 'C' Wing, Shastri Bhawan, New Delhi-110001 Tel.: 23300623
फैक्स / Fax: 011-23300758, ई-मेल / E-mail : socy-sports@nic.in

FIT INDIA CAMPAIGN- DECEMBER 2020

Fit
INDIA

Youth Affairs- NYKS/NSS/ NCC/ Scout Guides

Activity/ Event	Roles and Responsibilities
1) Fit India Thematic Campaign-virtual फिटनेस का डोज़ - आधा घंटा रोज़ (1 st December 2020 onwards)	Promotion of campaign on digital platforms of NYKS/ NSS/ NCC/ Scout Guides etc. and through all the volunteers with their 10 sec videos on their social media.
2) Fitness Assessment through Fit India App (Date of launch of Fit India App will be communicated later)	All the volunteers to take their fitness assessment and encourage others to do so.
3) Fit India Prabhatpheri (1 st to 6 th December 2020)	All the volunteers to organise Prabhatpheri advocating the message of fitness on the theme - फिटनेस का डोज़ - आधा घंटा रोज़ in their respective areas.
4) Fit India Cyclothon (7 th to 31 st December 2020)	Volunteers to organise cycling events (following the guidelines that will be published on our website https://fitindia.gov.in/) and encourage people to participate.